



Dear Parents:



Conflict or disagreement is normal and often happens when children get together. However, hurtful words, gestures, or physical attack are unacceptable ways to deal with conflict and disagreement at school.



Our goal is to teach students several positive ways to deal with these difficult situations. To do this, we are asking students who have minor problems to try at least two of the following ideas:

1. Go to another game or activity.
2. Respectfully talk it over and listen to each other.
3. Walk away from the problem.
4. Ignore the problem behavior.
5. Tell the person to stop the problem behavior.
6. Apologize.
7. Make a deal or compromise.
8. Wait to cool off.
9. Share and take turns.



This process can be done before asking for adult help. When a request for adult help is made, it will include the two ideas tried. Of course, the adult will immediately handle any serious conflicts that cause a child to feel threatened or frightened.



By using this plan, we believe that our students will develop effective problem-solving skills that they can use again and again. It will help them to deal with conflict in a positive manner and to make appropriate decisions. Knowing what to do will help students reduce the stress and number of conflicts they have at school and in their neighborhood.



Kelso the Frog (puppet) is the character that comes into the younger students' classroom to teach these skills. The choices we teach are referred to as Kelso's Choices and will be reviewed in the older grades as well. Colorful charts illustrating ways to deal with conflict will be posted so all children will know their choices.

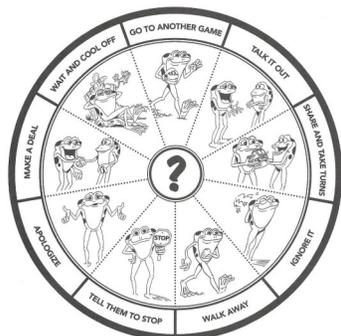


We encourage you to become familiar with this program and use it in your home. By working together, we can develop a healthy life skill for young people to use at home and at school.

Sincerely,

Joan Trindle
Helen Haller Counselor

KELSO'S CHOICE WHEEL
IT'S YOUR CHOICE!
 DO YOU HAVE A SMALL PROBLEM? TRY 2 OF KELSO'S CHOICES



IF YOU HAVE A **BIG** PROBLEM, TELL AN ADULT YOU TRUST.